

INGERSOLL KARATE

INVITES YOU TO OUR



RECREATIONAL TOURNAMENT

KATA • KUMITE • KOBUDO
ENTRY \$65 ALL DIVISIONS



SUNDAY, MAY 5TH, 2024

INGERSOLL DISTRICT MEMORIAL CENTRE (ARENA)

LARGE VENUE WITH LOTS OF SEATING

97 MUTUAL ST S, INGERSOLL, ON N5C 1S6

REGISTER BY SATURDAY, APRIL 27TH, 2024

SPECTATORS \$2 (ALL AGES) - LUNCH AVAILABLE TO PURCHASE
SATURDAY, MAY 4TH EVENING SEMINAR - DETAILS TO FOLLOW



TOURNAMENT RULES

- ➡ **WKF modified rules**
- ➡ **Divisions may be combined if 3 or less competitors are registered**
- ➡ **Each tatami will have 3 to 5 Karate Ontario officials**
- ➡ **Kyu belts can be worn (red and blue belts not mandatory)**
- ➡ **All kata and kobudo divisions scored by points**

INDIVIDUAL KUMITE

- ➡ **11 years and under shall not perform take downs or sweeping techniques during kumite bouts**
- ➡ **Gloves, shinguards, mouthguard, and headgear are mandatory**
- ➡ **Body protector is optional**
- ➡ **All kumite bouts ages 11 and under will be 1.5 minutes**
- ➡ **All kumite bouts ages 12 and over will be 2 minutes**
- ➡ **Double elimination format will be used for divisions 17 and under**

TEAM KATA

- ➡ **Bunkai is not required**
- ➡ **Teams of 3 to 5**
- ➡ **Athletes may compete up a division, but not below, all genders allowed on same team**

**PLEASE CONTACT US WITH ANY
QUESTIONS REGARDING PARA DIVISIONS**

KUMITE TRAINING WITH

***CHAMPIONS
DANIEL GAYSINSKY
AND MELISSA BRATIC***

Saturday, May 4th, 2024



**Ages 6-11
6:00-7:00pm
\$35**

**7:00-8:30pm
Ages 12+
\$45**

**Save \$10 on the
seminar registration
when you register for
the tournament!**

INGERSOLL INVITATIONAL DIVISION LIST

KATA		KUMITE		WEAPONS		PARA		BLACK BELTS	
#1	5 and Under Female Novice Kata	#37	5 and Under Female Novice Kumite	#73	Up to 10 Weapons	#86	15 and Under Standing Mobility Impairment	#100	Up to 10 Female Kata
#2	5 and Under Male Novice Kata	#38	5 and Under Male Novice Kumite	#74	11-15 Weapons	#87	16+ Standing Mobility Impairment	#101	Up to 10 Male Kata
#3	6-7 Female Novice Kata	#39	6-7 Female Novice Kumite	#75	16-39 Weapons			#102	11-15 Female Kata
#4	6-7 Male Novice Kata	#40	6-7 Male Novice Kumite	#76	40+ Weapons	#88	15 and Under Visual Impairment	#103	11-15 Male Kata
#5	8-9 Female Novice Kata	#41	8-9 Female Novice Kumite			#89	16+ Visual Impairment	#104	16-17 Male Kata
#6	8-9 Male Novice Kata	#42	8-9 Male Novice Kumite					#105	16-17 Female Kata
#7	10-12 Female Novice Kata	#43	10-12 Female Novice Kumite					#106	18-39 Male Kata
#8	10-12 Male Novice Kata	#44	10-12 Male Novice Kumite	#77	Up to 10 Novice Team Kata	#90	15 and Under Intellectual Impairment	#107	18-39 Female Kata
#9	13-15 Female Novice Kata	#45	13-15 Female Novice Kumite	#78	11-15 Novice Team Kata	#91	16+ Intellectual Impairment	#108	40+ Male Kata
#10	13-15 Male Novice Kata	#46	13-15 Male Novice Kumite	#79	16+ Novice Team Kata	#92	15 and Under PDD/NOS	#109	40+ Female Kata
#11	16-39 Female Novice Kata	#47	16-39 Female Novice Kumite	#80	Up to 10 Intermediate Team Kata	#93	16+ PDD/NOS	#110	Up to 10 Female Kumite
#12	16-39 Male Novice Kata	#48	16-39 Male Novice Kumite	#81	11-15 Intermediate Team Kata			#111	Up to 10 Male Kumite
#13	40+ Female Novice Kata	#49	40+ Female Novice Kumite	#82	16+ Intermediate Team Kata	#94	15 and Under Wheelchair User	#112	11-15 Female Kumite
#14	40+ Male Novice Kata	#50	40+ Male Novice Kumite	#83	Up to 10 Advanced Team Kata	#95	16+ Wheelchair User	#113	11-15 Male Kumite
#15	6-7 Female Intermediate Kata	#51	6-7 Female Intermediate Kumite	#84	11-15 Advanced Team Kata			#114	16-17 Male Kumite
#16	6-7 Male Intermediate Kata	#52	6-7 Male Intermediate Kumite	#85	16+ Advanced Team Kata	#96	15 and Under Team Kata	#115	16-17 Female Kumite
#17	8-9 Female Intermediate Kata	#53	8-9 Female Intermediate Kumite			#97	16+ Team Kata	#116	18-39 Male Kumite
#18	8-9 Male Intermediate Kata	#54	8-9 Male Intermediate Kumite					#117	18-39 Female Kumite
#19	10-12 Female Intermediate Kata	#55	10-12 Female Intermediate Kumite			#98	15 and Under Ippon Kumite	#118	40+ Male Kumite
#20	10-12 Male Intermediate Kata	#56	10-12 Male Intermediate Kumite			#99	16+ Ippon Kumite	#119	40+ Female Kumite
#21	13-15 Female Intermediate Kata	#57	13-15 Female Intermediate Kumite					#120	Up to 10 Weapons
#22	13-15 Male Intermediate Kata	#58	13-15 Male Intermediate Kumite					#121	11-15 Weapons
#23	16-39 Female Intermediate Kata	#59	16-39 Female Intermediate Kumite					#122	16-39 Weapons
#24	16-39 Male Intermediate Kata	#60	16-39 Male Intermediate Kumite					#123	40+ Weapons
#25	40+ Female Intermediate Kata	#61	40+ Female Intermediate Kumite					#124	Up to 10 Team Kata
#26	40+ Male Intermediate Kata	#62	40+ Male Intermediate Kumite					#125	11-15 Team Kata
#27	8-9 Female Advanced Kata	#63	8-9 Female Advanced Kumite					#126	16+ Team Kata
#28	8-9 Male Advanced Kata	#64	8-9 Male Advanced Kumite						
#29	10-12 Female Advanced Kata	#65	10-12 Female Advanced Kumite						
#30	10-12 Male Advanced Kata	#66	10-12 Male Advanced Kumite						
#31	13-15 Female Advanced Kata	#67	13-15 Female Advanced Kumite						
#32	13-15 Male Advanced Kata	#68	13-15 Male Advanced Kumite						
#33	16-39 Female Advanced Kata	#69	16-39 Female Advanced Kumite						
#34	16-39 Male Advanced Kata	#70	16-39 Male Advanced Kumite						
#35	40+ Female Advanced Kata	#71	40+ Female Advanced Kumite						
#36	40+ Male Advanced Kata	#72	40+ Male Advanced Kumite						

